



Project
Right Click

Safeguarding in Partnership

Interactive safeguarding sessions – Drugs on Social Media

Teachers' Notes



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This session looks at the fact that drugs are available online. It features a situation that arises from one girl smoking weed at a party and seeing someone she knows selling tablets. When the girl's friend gets anxious about an exam, she offers her tablets to help her be calm. This girl goes on to get more tablets via an online contact.

The session covers the following:

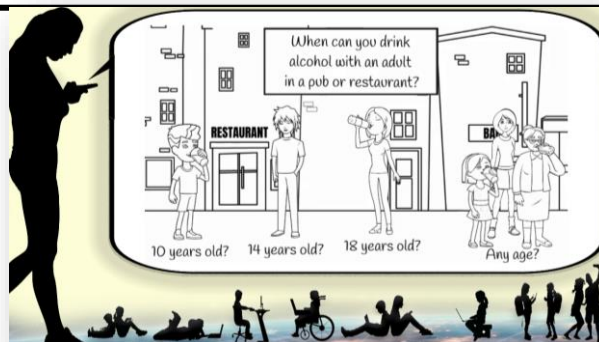
- Why are there restrictions on who can buy and drink alcohol
- What is a drug
- The different types of drugs
- The law about using and selling drugs
- The impact of drugs on two girls, who are school friends
- Who is to blame for what happens
- Why are there laws about using and selling drugs

The drawing app helps the group to focus on the details of the situation depicted in the film. These details act as prompts to the group to discuss the dilemmas and issues.



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When can you drink alcohol with an adult on a pub or restaurant?
Discuss ideas and get the group to agree an age and then refer the group to the Law.

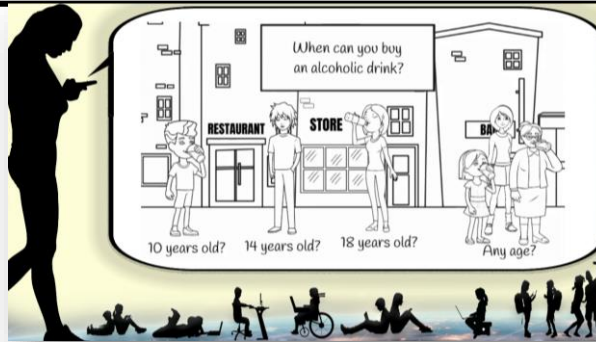
THE LAW

- It is illegal to give alcohol to children under 5 years.
- Under 14 years? It is at the Landlord's discretion as to whether children are allowed anywhere in a pub. They cannot buy or drink alcohol on the premises.
- Under 18 years? Adults are not allowed to buy alcohol on behalf of young people who are under 18 years in a licensed premise.
- The only exception is for 16 or 17 year-olds, who are allowed to drink beer, wine or cider, with a meal, if they are with an adult (but they may not buy the alcohol themselves).



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When can you buy an alcoholic drink?

Discuss ideas and get the group to agree an age and then refer the group to the Law.

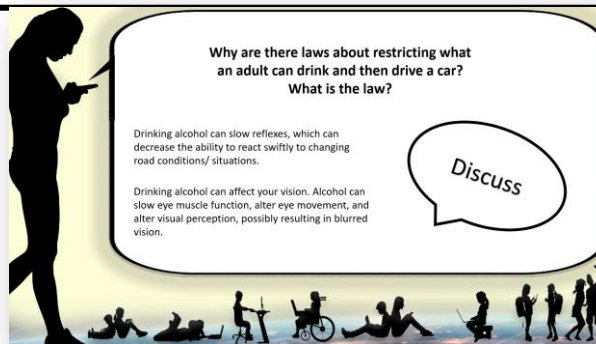
THE LAW

- You can't buy alcohol if you are under 18 years.
- It is illegal for the under 18 year old to buy alcohol.
- It is also illegal for an adult to sell alcohol to a person under 18 years.



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Why are there laws about restricting what an adult can drink and then drive a car?
What is the law?

Drinking alcohol can slow reflexes, which can decrease the ability to react swiftly to changing road conditions/ situations.

Drinking alcohol can affect your vision. Alcohol can slow eye muscle function, alter eye movement, and alter visual perception, possibly resulting in blurred vision.

Discuss

Why are there laws about restricting what an adult can drink and then drive a car?

- Drinking alcohol can slow reflexes, which can decrease the ability to react swiftly to changing road conditions/situations.
- Drinking alcohol can affect your vision. Alcohol can slow eye muscle function, alter eye movement, and alter visual perception, possibly resulting in blurred vision.

THE LAW


If you are found driving a vehicle whilst over the drink drive limit, you could receive the following punishments:

- 6 months imprisonment
- An unlimited fine
- A driving ban for at least 1 year




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What could you do if you were out with friends or an adult who was drinking, and that person offers to take you home?

- Agree, and hope for the best.
- Express your doubts that it is legal to drive after drinking alcohol, and clearly state that you can't accept a lift.
- Think if there is someone else with you, who hasn't been drinking and has a car, and you could ask them for a lift.
- If you are at a party in someone's home, a pub, or a club, you could ask for the number of a taxi firm and order a taxi.
- Even if it is late, you could ring your family or a friend, who may be able to come for you.
- If the person is going to drive off over the limit, tell a staff member in the pub, or restaurant, or phone the police.
- Walk home.
- Don't walk home alone even if you know the way and it is not far, you don't know who may be around the corner.



Group discussion

What could you do if you were out with friends or an adult who was drinking, and that person offered to take you home in their car?

- Agree, and hope for the best.
- Express your doubts that it is legal to drive after drinking alcohol, and clearly state that you can't accept a lift.
- Think if there is someone else with you, who hasn't been drinking and has a car, and you could ask them for a lift.
- If you are at a party in someone's home, a pub, or a club, you could ask for the number of a taxi firm and order a taxi.
- Even if it is late, you could ring your family or a friend, who may be able to come for you.
- If the person plans to drive off over the limit, tell a staff member in the pub, or restaurant, or phone the police.
- Walk home.
- Don't walk home alone even if you know the way and it is not far, you don't know who may be around the corner.



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What is a Drug

- A drug is any substance with the exception of food and water, which when taken into the body, alters the body functions, either physically or psychologically.

Different types of drugs

A prescription drug

- Is a pharmaceutical drug that legally requires a medical prescription to be dispensed. The prescription must be made out by a registered doctor, naming the person for whom it is intended and the dose and frequency that the drug should be taken. These can include: tablets, medicine, creams, injected drugs and insulin.

Over the counter drugs

- These are medicines that are sold directly to a consumer without the requirement of a prescription. They are safe and effective when you follow the directions on the label.

Legal highs

- Legal highs are substances designed to produce similar effects to illegal drugs, but have been created so that their chemical structure is different, to avoid them being classified as illegal.

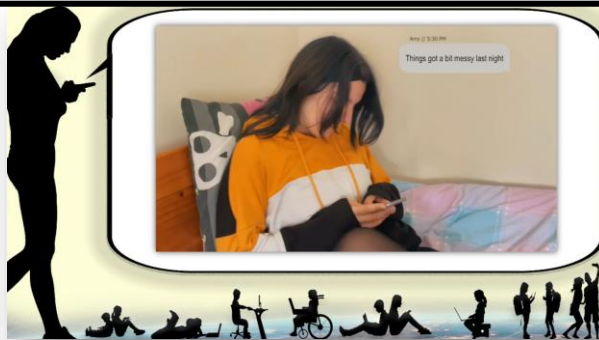
Illegal drugs

- Illegal drugs are known as 'controlled' drugs. Illegal drugs cannot be manufactured and they cannot be bought or sold by anyone. There are a number of offences in law with regard to illegal drugs:
 - Unlawful supply
 - Intent to supply
 - Import and export
 - Unlawful production
 - Unlawful possession



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After the break in the video, discuss the issues for Emily and Amy, with the group:

We know that Emily works hard at school and usually does well. What has happened to make her upset and worried?

- She tried to stop Amy drinking too much.
- Amy tells her to lighten up.
- Then the next day, Amy reminds her about the mock exam that she has forgotten.
- She feels she hasn't revised enough.
- Her mum often tells her she should revise more.
- She gets upset and starts shallow breathing in a panic.

What does Amy say or do?

- She tells Emily to lighten up, the party was fun.
- She says chill out, it's only a mock exam.
- Your grades are always amazing.
- You need to breathe deeply.
- I have something to help you relax.
- It's no big deal.
- I was smoking weed, Tyler took these.
- Keep them.
- When Emily says no and hands the drugs back.
- Amy says keep them and puts them in Emily's pocket.



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Remind the group that when they were learning about the laws about drugs, that there are a number of offences in law with regard to illegal drugs.

Check with the group that they are clear that these tablets are illegal drugs.

- They are not prescribed by a doctor for a named person on a prescription.
- They are not being sold over the counter in a shop.
- They are not being advertised and sold as legal highs.

THE LAW

Illegal drugs cannot be manufactured, sold or bought by anyone.

There are a number of offences:


- Unlawful production
- Intent to supply
- Unlawful supply
- Unlawful possession
- Import and export

Which offences has Amy committed?

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What does Emily do and how does she change?

Becomes stressed		She takes a tablet
She panics		She looks unsteady
It calms her down		She starts to zone out
		She looks calm

How has Emily changed?

Maybe I've changed

I'll do what I want

Have the group think about Emily. Has she changed for the better or for the worse?

For the better, ideas such as:

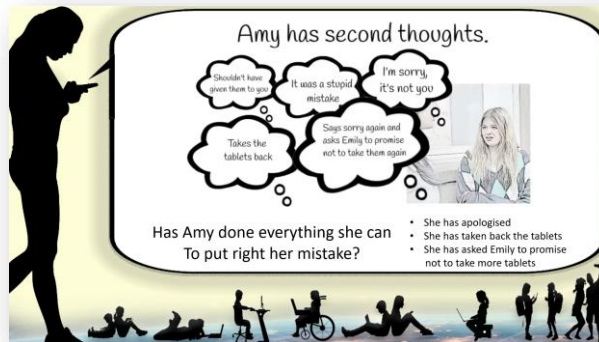
- She knows she gets anxious, she talks to a friend.
- She has had advice about relaxing.
- She has become more forceful.
- She has had an experience from which she could learn and stay safe.

For the worse, ideas such as:

- She has listened to poor advice.
- She has taken a risk by possessing and taking an illegal drug.
- She was not badly affected, so she minimises future possible risk, buys illegal tablets, and takes more.
- She ignores good advice from a friend.

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Amy has second thoughts.

Thought bubbles:

- Shouldn't have given them to get
- It was a stupid mistake
- I'm sorry, it's not you
- Takes the tablets back
- Says sorry again and asks Emily to promise not to take them again

Has Amy done everything she can To put right her mistake?

- She has apologised
- She has taken back the tablets
- She has asked Emily to promise not to take more tablets

The scenario includes a small image of a woman (Amy) and a silhouette of a person pointing at the screen. At the bottom of the screen, there is a silhouette of a group of diverse people sitting on the floor.

Have the group think about what Amy has done to put right her mistake, could she do more? Ideas such as:

- She has apologised, is that enough? Did she make it clear it is illegal to possess and supply a drug? It is her responsibility to obey the law.
- She has taken back the tablets, is that enough? What else could she have done. Maybe she could have texted Tyler and said stop supplying drugs?
- She asked Emily to promise not to take more tablets. Is that enough? She could have been clear about what Emily's strengths are and reminded her what she stands to lose if she takes more.



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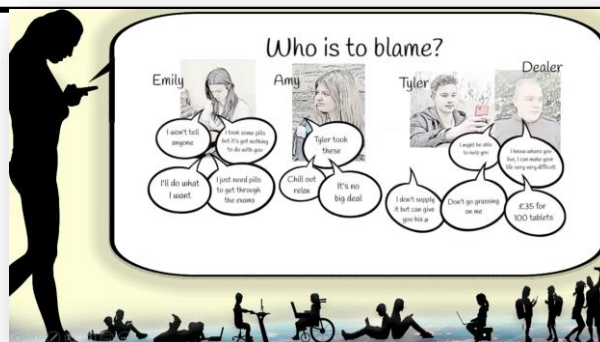


In the next break in the video, get the group to discuss what Emily does:

- She contacts Tyler, who gives her the contact for the dealer on Snapchat.
- She goes on to Snapchat and adds the dealer as a friend.
- When the dealer is cautious, she talks him round.
- When he texts her to say he has something, she doesn't ask what is it?
- When he threatens her, she promises to be trust-worthy and not to say anything.
- When he offers her a deal, she arranges to meet him in an out of the way place.
- She is scared when she gets there, but she waits for him.
- She pays the money and walks away, what additional risks are there?
- Emily has no idea if they are the same pills or how many to take to get an effect. She now has lots of pills.
- When Amy asks her the next day, she doesn't tell her and says she is fine.
- When Amy asks her if she has taken more pills, she answers by saying 'you took them back', but doesn't say she has bought 100 pills.
- When Amy says sorry again, Emily says nothing.
- She takes one pill, and then three or four more.
- When Amy sees her pale and unsteady, Emily says she is a bit faint, but denies taking pills.
- When Amy persists – she admits it and tells her 'It's got nothing to do with you'.
- She starts to become unwell, admits what she has done, and collapses.

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This is an important question for the group. Once the drawing app has finished, you could have the group divide into four smaller groups, one for each person involved. Then each group discusses how their named person is to blame. Ideas such as:

Amy

- She smoked weed at the party, and she knew Tyler was taking tablets
- She minimises what was happening at the party, describing it as fun
- She offers Emily an illegal drug
- She says it is no big deal

Emily

- She accepted poor advice that the drugs would help her
- She said no but kept them, when Amy put them in her pocket
- She arranged to buy tablets from a dealer
- She took the tablets, without knowing what they were or how many had an effect
- She lies about what she has taken

Tyler

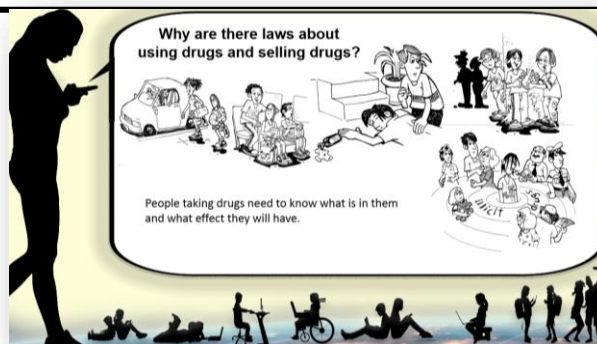
- He takes illegal drugs at the party
- He gives Emily the contact details for the dealer

Dealer

- He was selling drugs at his sister's party
- He agrees to sell drugs to Emily
- He doesn't tell Emily anything about the tablets, what they are, how many to take, what effects they have
- He threatens her 'I know where you live, I can make your life very very difficult'

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The reasons why there are laws about using and selling drugs will fly in with each click. The group could be asked to comment on each point, ideas such as: give an example, an explanation, or ask a question:

- When someone takes an illegal drug, they cannot know if they will have a bad reaction to the drug.
- When someone has taken an illegal drug, they may not know how to look after themselves, or not be able to get help when they need it, or be afraid to ask for help because the drugs were illegal.
- There is the risk of becoming addicted with some drugs, this can happen quickly.
- The person who takes the illegal drug may have a known, or unknown, medical condition, which the drug makes worse.
- Illegal drugs are harmful to everyone, physically and psychologically, that is why the Government and the police operate laws about them.
- You risk arrest if you take any part in the making, selling, supplying and possession of illegal drugs.
- If you take drugs, you may not be in a place where someone can help you in time.
- We all want the hospitals, doctors, nurses and prescribed drugs, to be there to keep us well and safe, having to deal with alcohol and drugs misuse costs us all time and money.
- If you have been pressurised by others when you are young or vulnerable to be involved in supplying, selling drugs, you need to find a safe time and place, and tell the police what is happening to you, they will see you as a victim and protect you.
- Once you have been caught taking part in illegal drugs in anyway, you risk a criminal record which will affect the jobs you can get, your credit rating, and the countries to which you can travel.

