Name	•••••
Class	



Interactive safeguarding sessions – Drugs on Social Media

WORKBOOK



Why are there restrictions on who can buy and drink alcohol?

Health risks:

Drinking alcohol can damage a child's health, even if they're 15 years or older. It can affect the normal development of vital organs and functions, including the brain, liver, bones and hormones.

Beginning to drink before 14 years, is associated with increased health risks, including alcohol-related injuries, increased possibility of accidents, involvement in violence, suicidal thoughts and attempts.

Drinking at an early age is also associated with risky behaviour, such as violence, having more sexual partners, pregnancy, using drugs, employment problems and drink driving.

When can you drink alcohol with an adult in a pub or restaurant?

10 years old? 14 years old?	18 years old?	Any age?
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When can you buy an alcoholic drink?

10 years old?	14 years old?	18 years old?	Any age?
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Why are there laws about restricting what an adult can drink and then drive a vehicle?.

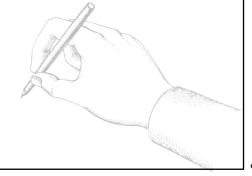
- > Drinking alcohol can slow reflexes, which can decrease the ability to react swiftly to changing road conditions/situations.
- > Drinking alcohol can affect your vision. Alcohol can slow eye muscle function, alter eye movement, and alter visual perception, possibly resulting in blurred vision.

What is the law?

If you are found driving a vehicle, whilst over the drink drive limit, you could receive the following punishments: 6 months imprisonment ... An unlimited fine ... A driving ban for at least 1 year

What could you do if you were out with a friend or an adult who was drinking, and that person offers to take you home?







What is a drug?

A drug is any substance with the exception of food and water, which when taken into the body, alters the body functions, either physically or psychologically.

Are there different types of drugs?

A prescription drug

➤ Is a pharmaceutical drug that legally requires a medical prescription to be dispensed. The prescription must be made out by a registered doctor, naming the person for whom it is intended and the dose and frequency that the drug should be taken. These can include: tablets, medicine, creams, injected drugs and insulin.

Over the counter drugs

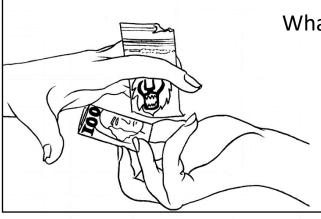
These are medicines that are sold directly to a consumer without the requirement of a prescription. They are safe and effective when you follow the directions on the label.

Legal highs

➤ Legal highs are substances designed to produce similar effects to illegal drugs, but have been created so that their chemical structure is different, to avoid them being classified as illegal.

Illegal drugs

➤ Illegal drugs are known as 'controlled' drugs. Illegal drugs cannot be manufactured and they cannot be bought or sold by anyone. There are a number of offences in law with regard to illegal drugs:



What are the laws about using and selling drugs?

- Unlawful supply
- ➤ Intent to supply
- Import and export
- > Unlawful production
- Unlawful possession



What has Amy said and done?



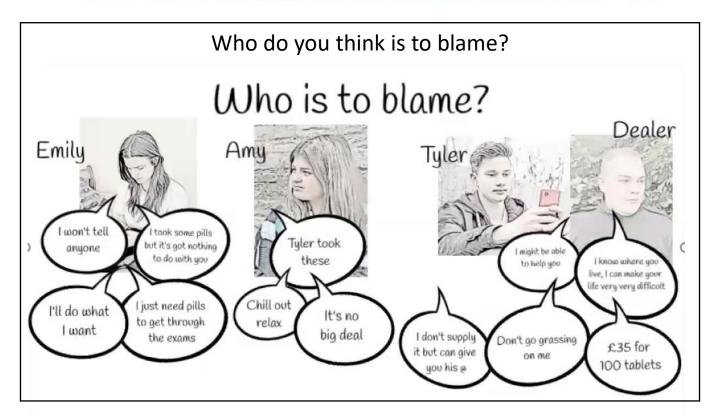


Has Amy committed any offences?

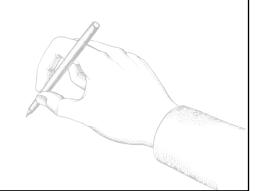
There are a number of offences:

- Unlawful production
- Intent to supply
- Unlawful supply
- Unlawful possession
- Import and export





Can you write a slogan to warn young people about illegal drugs.







Why there are laws about using drugs and selling drugs?

- When someone takes an illegal drug, they cannot know if they will have a bad reaction to the drug.
- When someone has taken an illegal drug, they may not know how to look after themselves, or not be able to get help when they need it, or be afraid to ask for help because the drugs were illegal.
- There is the risk of becoming addicted with some drugs, this can happen quickly.
- The person who takes the illegal drug may have a known, or unknown, medical condition, which makes the effects of the drug worse.
- Illegal drugs are harmful to everyone, physically and psychologically, that is why the Government and the police operate laws about them.
- You risk arrest if you take any part in the making, selling, supplying and possession of illegal drugs.
- > If you take drugs, you may not be in a place where someone can help you in time.
- We all want the hospitals, doctors, nurses and prescribed drugs, to be there to keep us well and safe, having to deal with alcohol and drugs misuse costs us all time and money.
- ➤ If you have been pressurised by others when you are young or vulnerable to be involved in supplying, selling drugs, you need to find a safe time and place, and tell the police what is happening to you, they will see you as a victim and protect you.
- Once you have been caught taking part in illegal drugs in any way, you risk a criminal record which will affect the jobs you can get, your credit rating, and the countries to which you can travel.

